

Garland of Appreciations

THE RADIANT SUN OF DIVINE WISDOM

His Holiness Swami Jyotirmayananda
Saraswatiji Maharaj,

Om Namō Bhagavate Sivanandaya

Om Namō Bhagavate Jyotirmayanandaya

On this sacred 95th *Abirbhav Diwas* of His Holiness, We offer our heartfelt gratitude, humble prostrations at Thy Holy feet and fervently pray to Lord Jagannath and Lord Viswanath for the excellent health, Vedic age of life and welfare of His holiness. We pray to be tuned with the teaching of his holiness in our everyday activities of life.

Your compassion for mankind is inexpressible in words. Every lecture, every holy book written by His Holiness, the tireless talks on holy scriptures and on integral yogic and spiritual life with the mystical and quintessential teachings in inimitable style for the larger benefit of mankind in general and spiritual seekers in particular—all these are the torch bearer and guiding light for each and every sincere seeker and devotee on the path of Godward life. Every word of Thine fills with inspiration, positivity and driving force on the path of Divine Life.

Just as the Sun radiates his rays all around and everybody has the opportunity to bask under the Sun, in a similar way, Thou art the Radiant Sun of Divine wisdom. May the people of Miami, USA, (who have the blessed privilege of staying nearer to the Holy Ashram of His holiness) or the people from India, Ghana or any other part of the world bask with the divine wisdom of His holiness and receive Thy subtle guidance and inspiration equally.

The beauty of life lies with the blend of Karma Yoga, Bhakti Yoga, Raja Yoga and Jnana Yoga, which is known as “Samanvaya Yoga or Integral Yoga,” which Param Guru

Swami Sivanandaji Maharaj describes in a song:

“Do *japa* a little, do *kirtan* a little, write mantra a little, have *satsang* a little, serve a little, do *asana* a little, do *pranayama* a little, reflect a little, meditate a little.”

This has been taught profoundly by His Holiness, Swami Jyotirmayanandaji, to help an aspirant lead a Godward life of harmony.

My good self personally feels blessed to have come in contact with His Holiness during my prime youth phase of life and have received Thy letters of inspiration, guidance, and encouragement whenever I had felt despondent. My gratitude cannot be expressed in my feeble words.

With Thy blessings, my good self has also completed “one-year Integral Yoga Course” through postal correspondence. The correspondence course was conducted by the International Yoga Society, Loni, India, under the supervision of Brahmaleen Swami Shashibhusananandaji (Yogiratna Dr. Shashibhusan Mishraji) who used to send the required literature of His Holiness for daily *swadhyaya*, reflection and contemplation.

May we at every moment inculcate Thy teachings and mold our lives in tune with Integral Yoga and receive Thy spontaneous blessings, and may Thy teachings be firmly seated in our Heart and in our discriminative understanding (*viveka*). This is our earnest prayer on this occasion.

With Reverential salutations,
Thine, obediently,
Diptimaya Dash
Odisha, India.

